

100m	as of 5/31/22			
Name	Time	Year	WPIAL Best	PIAA Best
Mikey Specca	11.04	2016	5th (AAA)	
Aaron Gaunt	11.04	2014	12th (AAA)	
Mitch Valko	11.14	2014		
Aaron Mack	11.24	2014	17th (AAA)	
Joe Cochran	11.34	2011		
Joe Henry	11.51	2021		
Kendall Jones	11.54	2014		
Nick Ponikvar	11.54	2014		
Joe Kimutis	11.54	2009		
Wesmyn Wright	11.64	2022		
Ryhan Culberson	11.64	2016		
Zach Russell	11.64	2014		
Brad Oliver	11.64	2010		
Pete Cochran	11.66	2013		
Jay Patel	11.74	2014		
Colton Miller	11.74	2011		
Byron Hudson	11.84	2016		
Mitch Ford	11.84	2015		
Brandon Bushmire	11.84	2009		
Andrew Gehlrein	11.84	2009		
Javaughn Goodnight	11.86	2021		
Joe Mowod	11.88	2017		
Nathaniel Deanes	11.91	2021		
Billy Hunter	12.04	2012		
Kevin Hunter	12.04	2007		

200m			as of 5/31/22	
Name	Time	Year	WPIAL Best	PIAA Best
Aaron Gaunt	22.64	2014	16th (AAA)	
Joe Henry	23.05	2021	9th (AAA)	
Mikey Specca	23.20	2017	12th (AAA)	
Mitch Ford	23.24	2015		
Joe Cochran	23.34	2011		
Zack Russell	23.46	2015		
Wesmyn Wright	23.51	2022		
Aaron Mack	23.64	2014		
Adam Kenawell	23.86	2019		
Braden Jenks	23.93	2022		
Joe Audia	23.94	2021		
Ryhan Culberson	24.10	2016		
Brad Oliver	24.14	2010		
Andrew Gehrlein	24.14	2009		
Pete Cochran	24.21	2011		
Javaughn Goodnight	24.22	2021		
Kendal Jones	24.24	2016		
Kevin Hunter	24.34	2007		
Joe Mowod	24.40	2017		
Kevin Coyne	24.44	2021		
Byron Hudson	24.54	2016		
Colton Miller	24.54	2012		
P.J. Black	24.54	2011		
Billy Hunter	24.64	2013		
Joe Cochran	24.74	2012		
Joe Kimutis	24.74	2009		

400m	as of 5/31/22			
Name	Time	Year	WPIAL Best	PIAA Best
Zack Russell	50.73	2015	6th (AAA)	
Joe Audia	51.19	2021	7th (AAA)	
Kendall Jones	52.45	2017		
P.J. Black	52.75	2012		
Mikey Specca	52.79	2017		
Roger Antkowiak	52.84	2011		
Mitch Ford	52.89	2014		
George Slater	53.02	2014		
Joe Henry	53.08	2019		
Kevin Coyne	53.22	2019		
Braden Jenks	54.01	2022		
Johnny Lerda	54.24	2011		
Stephen Hasis	54.35	2011		
Frank Morelli	54.44	2013		
Trevor Kulenich	54.87	2017		
John Cochran	54.94	2008		
John Tarr	55.14	2012		
Karson Kerr	55.33	2022		
Mike Allan	55.38	2015		
Jon Walasik	55.53	2012		
Billy Hunter	55.64	2013		
Matt Rohbeck	55.64	2010		
Devan Sandala	55.69	2015		
Ben Meindl	55.74	2013		
Max Morrow	55.74	2009		

800m			as of 5/31/22	
Name	Time	Year	WPIAL Best	PIAA Best
Silas Mays	1:55.27	2018	3rd (AAA)	15th (AAA)
Jake Borgesi	1:56.14	2022		
Roger Antkowiak	1:59.50	2011	4th (AA)	22nd (AA)
Roman Galioto	2:00.45	2021		
Sam Snodgrass	2:01.10	2018		
Devan Sandala	2:01.22	2015	13th (AAA)	
Frank Morelli	2:02.25	2014	16th (AAA)	
Zack Warchol	2:03.61	2022		
Ryan Lerda	2:04.79	2014		
Drake Simpson	2:05.25	2019		
Joey Cavanaugh	2:05.53	2017		
Stephen Hasis	2:05.58	2011	10th (AA)	
Aaron Pfeil	2:05.93	2017		
Pat Brady	2:06.37	2014		
Zach Conner	2:06.53	2018		
Trevor Kulenich	2:07.36	2017		
Joncarlo Patton	2:08.93	2013		
Adam Whiteside	2:09.26	2021		
Timmy Danziger	2:09.58	2021		
Tylar Nolot	2:09.64	2011		
Ryan Hayes	2:09.77	2018		
P.J. Black	2:10.14	2012		
Matt Rohbeck	2:10.54	2009		
Aaron Skerbetz	2:10.70	2019		
Jon Walasik	2:10.74	2012		

3200m			as of 5/31/22	
Name	Time	Year	WPIAL Best	PIAA Best
Jake Borgesi	9:07.99	2022	4th (AAA)	6th (AAA)
Sam Snodgrass	9:30.71	2018	6th (AAA)	
Aaron Pfeil	9:33.17	2017	5th (AAA)	
Roman Galioto	9:40.97	2021	21st (AAA)	
Ryan Lerda	9:45.07	2014	10th (AAA)	
Evan Zombek	10:00.88	2014	16th (AAA)	
Will Cusick	10:07.01	2012	10th (AA)	
Stephen Zombek	10:13.76	2014		
Pat Brady	10:14.62	2014		
Alaa-Eddine Guetari	10:14.69	2021		
Timmy Danziger	10:16.13	2022		
Aaron Skerbetz	10:20.61	2019		
Colin Dunn	10:22.87	2018		
Corey Mitchell	10:39.78	2011		
Zack Warchol	10:39.90	2022		
Devan Sandala	10:43.44	2013		
Frank Morelli	10:45.35	2012		
Ben Dobies	10:47.44	2012		
Josh O'Korn	10:49.92	2022		
Roger Antkowiak	10:52.05	2009		
Zach Conner	10:52.84	2018		
Jadon Petersson	10:55.44	2022		
Drew Whiteside	10:58.95	2019		
J.C. Patton	11:06.14	2010		
Jason Cillo	11:09.04	2013		

110m HURDLES		as of 5/31/22		
Name	Time	Year	WPIAL Best	PIAA Best
Mitch Valko	14.02	2014	3rd (AAA)	5th (AAA)
Haiden Litwinovich	15.32	2021	9th (AAA)	
Tylar Nolot	15.73	2011		
Richie Denson	15.69	2013	9th (AA)	
Michael Gimigliano	16.19	2022	15th (AAA)	
John Tarr	16.73	2013		
Andy Poglein	16.74	2009	15th (AA)	
Alex Flynn	17.04	2009		
Adam Kenawell	17.37	2017		
Joe Cochran	17.94	2010		
Edward Terrell	18.14	2011		
Joe Cochran	18.14	2009		
Noah Mathias	18.34	2022		
David Mann	18.74	2008		
Matt Stehlik	18.74	2007		
Eli Olexa	18.85	2022		
Mich Howard	18.90	2019		
Nathaniel Deanes	19.00	2021		
Julien Cox	19.14	2011		
Kyle Pschirer	19.24	2015		
Stephen Hasis	19.24	2011		
Mike Trimbur	19.42	2017		
Dan Fisher	20.22	2015		
Will Rose	20.34	2008		
Sal McClintock	20.42	2014		

300m HURDLES			as of 5/31/22	
Name	Time	Year	WPIAL Best	PIAA Best
Mitch Valko	41.13	2014	11th (AAA)	
Haiden Litwinovich	41.37	2021		
John Tarr	41.54	2013	6th (AA)	
Michael Gimigliano	41.59	2022	6th (AAA)	
Tylar Nolot	41.84	2011		
Stephen Hasis	42.86	2012		
Ryhan Culberson	42.92	2016		
Mike Trimbur	43.45	2018		
Richie Denson	43.94	2013		
Matt Stehlik	44.44	2007		
Nathaniel Deanes	44.57	2021		
Andy Poglein	44.64	2009		
Alex Flynn	45.04	2009		
Mitch Howard	45.89	2019		
Eli Olexa	45.91	2022		
Joe Cochran	45.94	2009		
Sal McClintock	46.16	2016		
Jason Cillo	46.35	2014		
Michael Gimigliano	46.86	2021		
Noah Mathias	47.11	2022		
Harmon Rozycki	47.43	2017		
Adam Kenawell	47.50	2018		
Roy Rothenberger	48.24	2014		
Michael Hasis	48.30	2015		
Julien Cox	48.44	2011		
Trey Brumley	48.56	2017		
Kyle Pschirer	48.57	2015		
Will Rose	48.74	2008		

4 x 100m RELAY		as of 5/31/22		
Name	Time	Year	WPIAL Best	PIAA Best
Gaunt, Mack, Slater, Valko	44.30	2013	14th (AAA)	
Meindl L., Jones, Hudson, Specca	45.16	2016		
Audia, Goodnight, Deanes, Henry	45.19	2021		
Jones, Culberson, Hudson, Specca	45.24	2016		
Gaunt, Cochran P., Mack, Valko	45.24	2013		
Jones, Patel, Ponikvar, Gaunt	45.34	2014		
Wright, Goodnight, Deanes, Henry	45.39	2021		
Gaunt, Cochran J., Miller, Slater	45.44	2012		
Miller, Cochran, P., Cochran, J., Patterson	45.63	2011	13th (AA)	
Gaunt, Cochran P., Slater, Valko	45.64	2013		
Patel, Mack, Hanich, Gaunt	45.84	2014		
Gaunt, Miller, Hunter, Slater	45.85	2012		
Patel, Ponikvar, Jones, Mack	45.98	2014		
Patel, Jones, Mack, Gaunt	46.03	2014		
Specca, Mowod, Jones, Meindl	46.07	2017		
Gaunt, Mack, Hanich, Valko	46.12	2014		
Denson, Gaunt, Cochran P., Hunter	46.14	2012		
Rivera, Mathias A., Kormick, Wright	46.32	2022		
Patel, Mack, Ponikvar, Gaunt	46.43	2014		
Gaunt, Cochran P., Hunter, Slater	46.44	2012	14th (AA)	
Gaunt, Nolot, Tarr Slater	46.44	2012		
Gaunt, Cochran J., Hunter, Miller	46.54	2012		
Miller, Nolot, Cochran, J., Cochran, P.	46.54	2011		
Pschirer L., Becker, Audia, Henry	46.69	2018		
Audia, Coyne, Goodnight, Henry	46.84	2019		

4 x 400m RELAY			as of 5/31/22	
Name	Time	Year	WPIAL Best	PIAA Best
Cochran, J., Black, Hasis, Nolot	3:30.65	2011	7th (AA)	
Mays, Jones, Meindl L., Specca	3:31.12	2017		
Mays, Specca, Snodgrass, Meindl L.	3:32.19	2017	14th (AAA)	
Audia, Henry, Borgesi, Galioto	3:32.87	2021	12th (AAA)	
Coyne, Simpson, Kenawell, Henry	3:33.38	2017	16th (AAA)	
Specca, Trimbur, Mays, Meindl L.	3:34.21	2017		
Russell, Slater, Tarr, Hunter	3:34.59	2013	17th (AAA)	
Galioto, Jenks, Petersson, Borgesi	3:35.02	2022		
Ford, Valko, Slater, Russell	3:35.53	2014		
Hasis M., Meindl L., Specca, Culberson	3:36.84	2016		
Russell, Hunter, Valko, Slater	3:36.93	2013		
Hasis, Russell, Black, Tarr	3:37.10	2012	11th (AA)	
Nolot, Cochran, J., Antkowiak, Hasis	3:37.24	2011		
Rozycki, Grant, Kulenich, Mays	3:37.53	2018	24th (AAA)	
Mays, Meindl L., Jones, Kulenich	3:37.90	2017		
Russell, Hunter, Morelli, Tarr	3:37.91	2013		
Ford, Morelli, Russell, Slater	3:37.94	2014		
Petersson, Kerr, Jenks, Borgesi	3:38.24	2022		
Slater, Sandala, Russell, Meindl B.	3:38.46	2015		
Jenks, Gimigliano, Danziger, Petersson	3:38.80	2022	16th (AAA)	
Russell, Hunter, Cochran P., Tarr	3:40.74	2013		
Valko, Tarr, Hasis, Black	3:40.74	2012		
Morelli, Slater, Iagnemma, Russell	3:40.86	2014		
Russell, Hunter, Slater, Cochran P.	3:41.07	2013		
Robbeck, Rosati, Cochran, Morrow	3:42.14	2008		

4 x 800 RELAY		as of 5/31/22		
Name	Time	Year	WPIAL Best	PIAA Best
Galioto, Warchol, Danziger, Borgesi	8:06.51	2022	4th (AAA)	17th (AAA)
Mays, Kulenich, Pfeil, Snodgrass	8:10.91	2017	9th (AAA)	
Black, Mitchell, Morelli, Hasis	8:19.09	2012	3rd (AA)	18th (AA)
Antkowiak, Black, Nolot, Hasis	8:19.26	2011	3rd (AA)	17th (AA)
Morelli, Sandala, Patton, Lerda	8:20.15	2013	10th (AAA)	
Mays, Hayes, Kulenich, Snodgrass	8:21.03	2018		
Warchol, Danziger, Petersson, Borgesi	8:21.89	2022		
Mays, Kulenich, Cavanaugh, Snodgrass	8:24.65	2017		
Mays, Hayes, Cavanaugh, Kulenich	8:25.27	2017		
Mays, Kulenich, Hayes, Pfeil	8:26.88	2017		
Mays, Cavanaugh, Pfeil, Snodgrass	8:27.40	2017		
Morelli, Sandala, Meindl, Brady	8:29.11	2014		
Galioto, Warchol, Petersson, Borgesi	8:29.33	2021		
Antkowiak, Black, Morelli, Hasis	8:30.04	2011		
Pfeil, Hasis, M., Mays, Snodgrass	8:30.22	2016		
Morelli, Sandala, Meindl, Patton	8:30.85	2013		
Antkowiak, Black, Mitchell, Hasis	8:31.48	2011		
Mays, Dunn, Kulenich, Hayes	8:32.87	2018		
Galioto, Whiteside A., Danziger, Borgesi	8:33.33	2021		
Patton, Hasis, Rohbeck, Antkowiak	8:33.54	2010	8th (AA)	
Mitchell, Morelli, Lerda, Hasis	8:34.24	2012		
Warchol, Guetari, Petersson, Galioto	8:34.43	2022		
Dunn, Conner, Kulenich, Hayes	8:34.45	2018	17th (AAA)	
Warchol, Danziger, Petersson, Galioto	8:34.62	2022		
Simpson, Whiteside D., Conner, Skerbetz	8:35.03	2019	12th (AAA)	

HIGH JUMP			as of 5/31/22	
Name	Height	Year	WPIAL Best	PIAA Best
Luke Meindl	5-11	2017		
Michael Gimigliano	5-08	2022		
Adam Helbling	5-08	2021		
Billy Hunter	5-08	2013		
Josh Patterson	5-08	2011		
Mike Trimbur	5-07	2018		
Sam Guadagnino	5-07	2014		
George Slater	5-06	2013		
Braden Hoy	5-05	2017		
Mitch Howard	5-04.5	2019		
Bob Eichler	5-04	2011		
C.J. Rudisill	5-04	2011		
Johnny Lerda	5-04	2010		
Nolan Spicer	5-04	2009		
Caleb O'Kelly	5-04	2008		
Nate Sinton	5-03	2022		
Sean Becker	5-02	2019		
Josh Milteer	5-02	2019		
Mike Cusick	5-02	2015		
Mitch Valko	5-02	2012		
P.J. Black	5-02	2011		
Veeru Senthil	5-00	2021		
Connor Egan	5-00	2017		
Joey Rossi	5-00	2016		
Evan Vent	5-00	2015		
Ben Kenawell	5-00	2012		
Alex Lombardo	5-00	2011		
Alex Aul	5-00	2009		
Ben Rosati	5-00	2008		

LONG JUMP			as of 5/31/22	
Name	Distance	Year	WPIAL Best	PIAA Best
Luke Meindl	21-09	2017	13th (AAA)	
Ryhan Culberson	21-04	2016	9th (AAA)	
Adam Helbling	21-00.5	2021	16th (AAA)	
Joe Kimutis	20-02	2009		
Adam Kenawell	20-01	2019		
George Slater	19-11.5	2015		
Mike Trimbur	19-11.25	2017		
Haiden Litwinovich	19-11	2021		
Eli Olexa	19-09	2022		
Nate Sinton	19-06.5	2022		
Karson Kerr	19-05	2022		
Caleb O'Kelly	19-05	2008		
Josh Patterson	19-04	2010		
Jay Patel	19-03	2014		
Sean Becker	19-00.75	2019		
Richie Denson	18-11.5	2013		
Ben Meindl	18-10	2015		
Braden Hoy	18-08.25	2017		
Sam Guadagnino	18-08	2012		
Mitch Howard	18-05.5	2019		
Dane Duffy	18-05	2016		
Joey Rossi	18-03.5	2016		
John Tarr	18-03	2012		
Nick Ponikvar	17-11	2014		
Johnny Lerda	17-11	2011		
Tylar Nolot	17-11	2011		

TRIPLE JUMP			as of 5/31/22	
Name	Distance	Year	WPIAL Best	PIAA Best
Luke Meindl	44-03	2017	5th (AAA)	
Caleb O'Kelly	43-11	2008	7th (AA)	
Adam Kenawell	42-04.5	2019	11th (AAA)	
Josh Patterson	42-00	2011	3rd (AA)	20th (AA)
Mike Trimbur	41-10	2018		
Nate Sinton	41-06	2022	13th (AAA)	
Ben Meindl	41-04.5	2015	17th (AAA)	
Adam Helbling	41-02	2021	14th (AAA)	
Braden Hoy	39-11.5	2018		
Andy Poglein	39-09.5	2009		
George Slater	39-08.5	2013		
Javaughn Goodnight	39-05.25	2021		
Mitch Valko	39-02	2013		
Connor Egan	38-08	2017		
Karson Kerr	38-05.25	2022		
Nate Sinton	38-01	2021		
Alex Flynn	38-00	2009		
Johnny Lerda	37-11.75	2010		
Luke Miller	37-09.5	2022		
Sean Becker	37-06	2019		
Sam Guadagnino	37-05	2014		
P.J. Black	37-02.5	2010		
Joe Audia	36-11	2018		
Joey Rossi	36-11	2016		
Tylar Nolot	36-10	2011		

POLE VAULT			as of 5/31/22	
Name	Height	Year	WPIAL Best	PIAA Best
Haiden Litwinovich	13-09	2021	3rd (AAA)	13th (t) (AAA)
Jared Cardillo	12-00	2013	19th (t) (AAA) / 9th (AA)	
Josh Milteer	11-10	2019	20th (AAA)	
Mike Cusick	11-00	2016		
Max Hanich	11-00	2013		
Nate Sinton	10-06	2022		
Chris Populo	10-06	2014		
Anthony Cardillo	10-06	2011	12th (AA)	
Nick Hirsch	10-06	2009		
Adam Zombek	10-06	2009		
Braden Hoy	9-08	2017		
Eric Marks	9-06	2014		
Jason Hirsch	9-06	2011		
Bobby Eichler	9-06	2010		
Roy Rothenberger	9-00	2014		
Ben Kenawell	9-00	2013		
Dylan Nock	9-00	2012		
Jon Walasik	9-00	2010		
Anthony Walasik	8-06	2010		
Steve Cantine	8-06	2007		
Noah Mathias	7-00	2022		

SHOT PUT			as of 5/31/22	
Name	Distance	Year	WPIAL Best	PIAA Best
Sam Mastro	55-04	2017	6th (AAA)	
Nolan Spicer	50-00	2010	7th (AA)	
Bryce Spolnik	49-08.5	2021	7th (AAA)	
Chris Spicer	49-06	2008	1st (AA)	18th (AA)
Thayer Phillips	47-11	2017	16th (AAA)	
Ryan O'Hair	45-04	2021	17th (AAA)	
Jake Carey	42-05.5	2012		
Jeffrey Martineck	38-02	2021		
Drew Gedrys	38-01	2016		
Chris Bell	37-05.5	2010		
Joe Pietracatello	36-11	2007		
Bryce Christoff	36-02.5	2011		
Lucas Pfeil	35-08	2019		
Hayden Sheader	35-07	2018		
Aaron Hansen	35-07	2013		
Sean Sutcavage	35-04	2018		
Jake Walker	34-10	2016		
Bob Eichler	34-09	2009		
Jared Walker	34-04.5	2012		
Jeremy Carter	33-10	2013		
Isaac Rudman	33-05.5	2013		
Patrick Walker	33-02	2011		
Steve Torre	32-10	2009		
Dylan Nock	32-07.5	2012		
Tanner Saxton	32-06	2015		

DISCUS			as of 5/31/22	
Name	Distance	Year	WPIAL Best	PIAA Best
Sam Mastro	179-02	2017	5th (AAA)	4th (AAA)
Nolan Spicer	151-08	2010	1st (AA)	24th (AA)
Chris Spicer	151-01	2008	10th (AA)	
Thayer Phillips	140-07	2017	15th (AAA)	
Bryce Spolnik	135-11	2021	8th (AAA)	
Ryan O'Hair	133-07	2021	22nd (AAA)	
Jeffrey Martineck	114-04	2021		
Jake Carey	112-05	2012		
Adam Gregory	103-08	2009		
Aaron Hansen	98-09	2014		
Dylan Nock	98-09	2012		
Sean Sutcavage	98-01	2018		
Steve Torre	96-05	2008		
Liam Smith	95-07	2022		
Chris Bell	95-05	2010		
Drew Gedrys	93-08	2016		
Lucas Pfeil	92-08	2018		
Trevor Brown	92-06	2013		
Owen Tamanini	89-11	2022		
Devin Nock	89-00	2014		
Anthony Cardillo	84-09	2011		
Jared Walker	84-08	2012		
Hayden Sheader	83-05	2018		
Umesh Venkata	82-09	2017		
Aiden Lockett	81-10	2019		
Jeremy Carter	81-10	2013		

JAVELIN			as of 5/31/22	
Name	Distance	Year	WPIAL Best	PIAA Best
Thayer Phillips	168-03	2017	10th (AAA)	
Dylan Nock	155-05	2012	15th (AA)	
Nolan Spicer	152-00	2010	10th (AA)	
Sam Mastro	149-00	2017		
Bryce Spolnik	145-09	2021	13th (AAA)	
Chris Spicer	144-00	2008		
Devin Nock	142-00	2014		
Jared Walker	127-00	2012		
Jeffrey Martineck	122-04	2019		
Alex Flynn	122-01	2009		
Ryan O'Hair	120-05	2019		
Ben Wilke	113-11	2015		
Sean Sutcavage	113-07	2018		
Steve Torre	112-03	2008		
Tanner Saxton	110-09	2015		
Bob Eichler	110-06	2011		
Owen Tamanini	107-02	2022		
Kevin Coyne	105-08	2021		
Adam Gregory	105-02	2009		
Rauri Way	104-09	2017		
Lucas Pfeil	104-05	2019		
Chris Bell	101-05	2009		
Joe Pietracatello	97-03	2007		
Drew Gedrys	96-01	2016		
Aaron Hansen	96-00	2013		