

**South Fayette Middle School**  
**Track and Field Records**  
*Program Established in 2008*

<b>Track Events</b>	<b>Girls</b>			<b>Boys</b>		
<b>100m/110m Hurdles</b>	Grace Howard	2019	16.17	Mitch Valko	2011	16.0
<b>100m</b>	Amanda Oliver	2013	12.6	Kendall Jones	2013	11.41
<b>1600m</b>	Nina DiMartini	2022	5:21.45	Alex Garbin	2023	4:54
<b>4x100m Relay</b>	Brianna Ress Hannah Kenawell Tori Valachiovic Emily Dylan	2012	52.4	Camron Garland Drew Gedrys Mike Specca Kendall Jones	2013	48.7
<b>400m</b>	Rachel Helbling	2014	1:02.11	Luke Sinton	2023	1:00.11
<b>200m</b>	Amanda Oliver	2013	26.85	Kendall Jones	2013	24.27
<b>800m</b>	Nina DiMartini	2022	2:28.75	Michael Trimbur	2015	2:14.7
<b>4x400m Relay</b>	Emma Fleck Saddie Jacobs Juliana Ruzza Amy Allen	2017	4:20.65	John Lerda Greg Goldbach Joe Cochran Paul Wakim	2008	3:58.0
<b>3200m</b>	Abby Poe	2021	12:31.11	Jake Borgesi	2019	11:22
<b>4x800m Relay</b>	Rylie Mendenhall Nina DiMartini Reagan McLaughlin Abby Poe	2021	10:50.38	Jake Borgesi Michael Gimigliano Dante Scalise Daniel Gormely	2019	9:25
<b>Field Events</b>	<b>Girls</b>			<b>Boys</b>		
<b>Long Jump</b>	Grace Howard	2019	17' 0"	Christian Long	2015	18' 4.5"
<b>Triple Jump</b>	Jordan Head	2015	30' 7"	Michael Trimbur	2015	39' 1"
<b>High Jump</b>	Grace Howard	2018	5' 4"	Liam Ball	2015	5' 8"
<b>Shot Put</b>	Megan Shildit	2016	31' 11.5"	Ian Kumar	2015	41' 5"
<b>Discus</b>	Amara Marrese	2016	94' 9"	Ian Kumar	2015	129' 0"
<b>Pole Vault</b>	Jordan Kilgas	2010	8' 0"	Brendan Hoy	2015	9' 3"